

SEPTEMBER 2019 SUPPORT GROUPS

MANHATTAN, NY

Tuesday, September 17th, 2019 from 6:00 to 8:00 pm
Mount Sinai Downtown at Union Square, Phillips Ambulatory Care Center
Neurology Dept., 5th Floor Conference Room
10 Union Square East (b/w 14th & 15th Streets), New York, NY 10003
Contact: Jody Wiesel, PhD, (917) 699-9751
Topic: Helpful hints for caregivers self-care
Next month's support group meets: October 15th, 2019

QUEENS, NY

Wednesday, September 18th, 2019 from 6:00 to 8:00 pm
The Silvercrest Center for Nursing and Rehabilitation
144-45 87th Avenue - 1st Floor Dining Room/Lounge
Briarwood, NY 11435
Contact: Michelle McKenzie, LMSW, (718) 644-1750
Topic: Assistive and Smart Home Technology
Speaker: Ben Lieman, ATP – The ALS Association Greater NY Chapter
Next month's support group meets: October 16th, 2019

JAMES J. PETERS BRONX VA MEDICAL CENTER

Tuesday, September 24th, 2019 from 1 PM to 3 PM
130 West Kingsbridge Road
JJPVAMC Room 5C-02, 5th Floor, Bronx, NY 10468
Contacts: Michelle McKenzie, LMSW (718) 644-1750
Ernest Acheampong, RN (718) 584-9000 ext. 5388
Topic: Estate Planning, Medicaid Eligibility
Speaker: Elisha Wellerstein, Esq., Elder-care attorney; Wellerstein Law Group
Next month's support group meets: October 22nd, 2019

NASSAU COUNTY, NY

** September's meeting is canceled due to Labor Day holiday.*
Northwell Health at Plainview Hospital (Second Floor Classroom)
888 Old Country Road, Plainview, NY 11803
Contact: Cindy Keyser-Posner, LMSW, (631) 416-2767
Next month's support group meets: October 7th

SUFFOLK COUNTY, NY

Tuesday, September 3rd, 2019 from 6:00 to 8:00 pm
Stony Brook Neurology Offices
181 North Belle Mead Road Suite 5, East Setauket, NY 11733
Contacts: Theresa Imperato, RN, (516) 946-5467
Cindy Keyser-Posner, LMSW, (631) 416-2767
Topic: Open Discussion
Next month's support group meets: October 1st, 2019

WESTCHESTER, NY/WHITE PLAINS

Tuesday, September 10th, 2019 from 6:00 to 8:00 pm
Burke Rehabilitation Center
785 Mamaroneck Avenue, Building 7, White Plains, NY 10601
Contacts: Helen Mayer, RN, (845) 520-0952
Nancy Brenner, LCSW, (914) 406-3513
Topic: Open Discussion
Next month's support group meets: October 8th, 2019

LOWER HUDSON VALLEY, NY

Tuesday, September 3rd, 2019 from 6:00 to 8:00 pm
Ambulatory Surgery Center Bldg. C, 3rd Fl. 200
Westage Business Center, Fishkill, NY 12524
Contacts: Helen Mayer, RN, (845) 520-0952
Nancy Brenner, LCSW, (914) 406-3513
Topic: Open Discussion
Next month's support group meets: October 1st, 2019

NORTHERN NJ/SADDLEBROOK

Thursday, September 5th, 2019 from 7:00 to 9:00 pm
Kessler Institute for Rehabilitation
300 Market Street, Saddle Brook, NJ 07663
Contacts: Debbie Schlossberg, LMSW (732) 710-8832
Mary Ann Mertz, RN, (908) 552-5573
Topic: Breathing and airway clearance considerations in ALS
Speaker: Rick Gonzalez CRT, RCP
Next month's support group meets October 3rd, 2019

CENTRAL NJ

Saturday, September 21st, 2019 from 2:00 to 4:00 pm
Robert Wood Johnson Fitness & Wellness Center
100 Kirkpatrick Street, Community Education Room Level 2
New Brunswick, NJ 08901
Contacts: Debbie Schlossberg, LMSW, (732) 710-8832
Mary Ann Mertz, RN, (908) 552-5573
Topic: Breathing and airway clearance considerations in ALS
Speaker: Rick Gonzalez CRT, RCP
Next month's support group meets October 9th, 2019

TELEPHONE SUPPORT GROUPS

PATIENT GROUP: Every Monday - beginning
September 9th - 2:30 pm to 3:30 pm
CAREGIVER GROUP: Every Wednesday - beginning
September 4th - 4:00 pm to 5:00 pm
If you are interested in the telephone support groups please
contact Susan Zimmerman, LCSW, (212) 720-3050
Topics include: Open Discussion, Stress Reduction,
Mindfulness and Meditation Techniques

**For information about newly diagnosed groups or
newly bereaved groups please call Sue Zimmerman
at (212)720-3050**

NEW VIRTUAL SUPPORT GROUP

Date: Tuesday, September 17th, 2019
Time: 1:00 pm to 2:00 pm
Contact: Charisse Viscomi-Santos, LPN
Topic: Open Discussion
RSVP by September 1st to Charisse at csantos@als-ny.org
or 201-926-5374